# LESSON 2

# SAFETY STOP SIGN & I MEAN BUSINESS VOICE





## Today's Lesson: Lesson 2

In today's lesson, your child learned about staying safe by using the **Safety Stop Sign**. Your child should use a **Safety Stop Sign** when something does not feel safe, reminding them that they always have the ability to say "no." By using their **I Mean Business Voice**, students learn to speak with conviction and authority. This voice should be different from your child's usual speaking voice so that people know to pay special attention to them in an unsafe situation.



#### **Human Trafficking Prevention**

Students learned that rules keep them safe and that they must follow important safety rules to stay safe. Students constructed a **Safety Stop Sign** and practiced using their **I Mean Business Voice**. Students practice their **I Mean Business Voice** while using their **Safety Stop Sign** to reinforce the concept that they always have the ability to say "no" to any situation that makes them feel afraid, nervous, or uncomfortable.



# **Caregiver Connection**

The most important part of sexual abuse prevention is open and honest communication between parent or caregiver and child. As caregivers, we often assume our children know we are there for them no matter what, but by vocalizing this and providing them with ample individual attention, we give them support, guidance, and an outlet to tell us anything. Active listening is the key to hearing what your child is trying to tell you, even if they aren't telling you directly. Children need to know you are listening and that you are on their side no matter what. This open forum will not only build trust but also will increase the child's self-confidence and self-worth.

#### **Activities to Try at Home**

You are encouraged to use the following resources with your child at home. Each may be downloaded and printed.

- Make a Safety Stop Sign & Practice "I Mean Business Voice"
- Steps to Safety: Is this a Safe or Unsafe Situation?



### **Tips to Further Today's Lesson**

- Ask your child to demonstrate their I Mean Business Voice.
- Ask your child what they should do after using their Safety Stop Sign. (Answer: Talk to a Grown-Up Buddy.)
- Encourage your child to share feelings with you, and when they do, be sure to support and validate their feelings. Encourage your child to trust those feelings. Remind them that any

situation that makes them feel icky or confused requires them to act: tell someone in their Trusted Triangle, use the Safety Stop Sign, and use their I Mean Business Voice.

For more ways to talk to your child about staying safe, visit Safer, Smarter Families. For additional resources, visit Lauren's Kids. To report abuse, call the ChildHelp National Child Abuse Hotline at 1-800-422-4453, and you will be referred to your local reporting agency.

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