

LESSON 2

BEING AWARE OF YOUR SURROUNDINGS



Today's Lesson: Lesson 2

In today's lesson, your child learned about staying safe by focusing on their surroundings and looking out for unsafe situations. Students learned about a new tool, **Safety Goggles**. Using their **Safety Goggles**, your child learned how to assess their surroundings and situations by using their **Safety Barometer** to gauge the safety of those situations and then make safe decisions. The importance of your child knowing their address and phone number was stressed in this lesson as a critical safety tool. Knowing their house or apartment number and who should have that information, as well as their street name and how and where to look for that information, was taught as a strategy for staying safe.



Human Trafficking Prevention

Students learn they can stay safe by using their **Safety Goggles** to focus on their surroundings and look out for unsafe situations. Students will identify different types of **unsafe situations** on the playground. Students will learn about recognizing **safe and unsafe situations** and will practice using their **I Mean Business Voice**.



Caregiver Connection

Trust is the basic foundation of all relationships. It is important to provide your children with **C.A.R.E.** (**C**onsistency, **A**ctive listening, **R**espect, and **E**mpathy). Consistency in the amount and type of attention you give your child is critical to building trust. Active listening is the key to hearing what your child is trying to tell you, even if they aren't telling you directly. Children need to know you are listening and are on their side no matter what. Respect should be a fundamental characteristic of your relationship, and it should be mutual. Empathy not only shows your child that you care for them and their concerns but also teaches them to care for others.

Activities to Try at Home

You are encouraged to use the following resources with your child at home. Each may be downloaded and printed.

- [Steps-to-Safety: Making Safety Goggles & Safe and Unsafe Situations](#)
 - [Make a Safety Stop Sign & Practice "I Mean Business Voice"](#)
 - [Awareness of Surroundings Worksheet](#)
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Tips to Further Today's Lesson

Be sure your child knows their address and phone number. If that information changes frequently, make sure they know the address and phone number of someone in their **Trusted Triangle** whose address is more permanent.

Play the “What If” game with your child to reinforce the concept of using their **Safety Goggles** to assess the safety of their surroundings and their **Safety Barometer** to gauge the safety of a situation. Have your child tell you if these are unsafe surroundings and situations and what tools they would use to stay safe.

For example:

- What if you are alone at the bus stop without your **Grown-Up Buddy**?
- What if you need to cross a very busy street by yourself without your **Grown-Up Buddy**?
- What if you get separated from your parents in the mall?
- What if you get off the bus at the wrong bus stop?
- What if someone you don’t know offers to help you?

Note: Children are taught to find a police officer, firefighter, or mom with children if they’re separated from their **Grown-Up Buddy**.

For more ways to talk to your child about staying safe, visit [Safer, Smarter Families](#). For additional resources, visit [Lauren's Kids](#). To report abuse, call the [ChildHelp National Child Abuse Hotline](#) at 1-800-422-4453, and you will be referred to your local reporting agency.

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