## LESSON 2

# SAFETY IN THE DIGITAL COMMUNITY





#### Today's Lesson: Lesson 2

In today's lesson, your child learned that the concept of being safe in the **community** extends into the digital world, and safety in this **community** requires responsible use of the Internet and **digital devices**. Being a good **digital citizen** means being careful about how students behave, communicate, and share things online and through **digital devices**. Because the online **community** is so much bigger than the one we live in, and we don't know who people online really are, there are special rules that students need to follow to stay safe. This lesson also discussed the important issue of chatting online and stressed that when we enter a chat room or use a chat feature on a game or app, we never really know with whom we communicate. This reinforced that chat rooms and their features are unsafe. Appropriate posting of pictures and the importance of getting permission to post pictures from a grown-up were also shown to the students.



#### **Human Trafficking Prevention**

It is important to have a general understanding of your child's use of **digital devices. Recruiting** is an important aspect of human trafficking, and it often happens online. This lesson extends the concept of safety on the **Internet** and when using **social media**, as well as the safe use of cameras, and increases students' knowledge of the possible dangers they may encounter online. The concept of building awareness of online dangers is extended by introducing **recruiting** in the digital world.



### **Caregiver Connection**

Trust is the basic foundation of all relationships. It is important to provide your children with **C.A.R.E** (**C**onsistency, **A**ctive listening, **R**espect, and **E**mpathy). Consistency in the amount and type of attention you give your child is critical to building trust. Active listening is the key to hearing what your child is trying to tell you, even if they aren't telling you directly. Children need to know you are listening and that you are on their side. Respect should be a fundamental characteristic of your relationship, and it should be mutual. Empathy shows children that you care for them and their concerns and teaches them to care for others.

#### **Activities to Try at Home**

You are encouraged to use the following resources with your child at home. Each may be downloaded and printed.

- Steps-to-Safety: Helping Your Child Make a Cyber P.L.A.N.
- Steps-to-Safety: Cyber Bullying
- Privacy

Try out this interactive web-based activity to learn the vocabulary words for Lesson 2.

Let's Practice: Lesson 2 Vocabulary



#### **Tips to Further Today's Lesson**

- Create a list of Internet safety rules for your household. Please post them in a visible place, next to a computer, tablet, gaming, or phone charging station.
- Reinforce the idea that once something is posted online, it is permanent and can never be taken back. This extends to texts, pictures, emails, and social media.

For more ways to talk to your students about staying safe, visit <u>Safer Smarter Schools.</u> For additional resources, visit Lauren's Kids. To report abuse, call the ChildHelp National Child Abuse Hotline at 1-800-422-4453, and you will be referred to your local reporting agency.

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